

**CITIZENS MEDICAL CENTER  
RUN AGAINST CANCER 5K AND HALF MARATHON  
COVID-19 PLAN**

The health, safety, and well-being of our team, participants, and volunteers is always our priority and we take that responsibility very seriously. Our goal has always been to produce our Run Against Cancer event with the highest level of safety, and we will continue to do that while also adhering to or even surpassing City, State, and Federal COVID-19 guidelines.

We know everyone has unique concerns and we have updated some of our policies and participation options so that you can make a personal decision as to what level of involvement best fits your needs.

Updated policies and procedures for 2021

- Offering free deferral to participants to 2022, if the event is canceled because of COVID-19
- Virtual options for all distances.
- Participants can choose to change their registration to virtual participation at any time with no additional fees.
- Publish our COVID-19 Plan including possible event scenarios and safety protocols.

We hope that this allows you to keep the Citizens Medical Center Run Against Cancer 5k and Half Marathon as part of your goals in 2021. As we approach race day, we will publish more on the specific safety steps and precautions that will be implemented. It is important to remember that this is a situation and is subject to change with conditions and best practices.

Thank you for understanding and supporting local fundraising event.

**POSSIBLE EVENT SCENARIOS**

The following lists the possible scenarios in which the event might take place. Regardless of the scenario, safety protocols will be implemented to operate within or exceed City, State, and Federal guidelines.

**1. Event is held with no restrictions on its original date of February 20, 2021.**

The COVID-19 outbreak in Texas would be mostly contained for the event to be held as it has in years past. Safety protocols will still be followed.

**2. Modified version of the event on its originally date of February 20, 2021.**

- Extend packet pickup hours and increase spacing with possible assigned times.
- Modified aid station operations
- Pre-packaged finisher items

- Spectators limited
- Increased physical distancing, especially in confined areas
- Sponsorship tables would not be allowed

### **3. Virtual Race**

- All distances would be converted to a Virtual Race
- Race packets would be mailed to participants

### **4. Cancel the 2021 event in its entirety.**

- No CMC Run Against Cancer event would be held in 2021. Transfer/Deferral Policy below.

## **SAFETY PROTOCOLS**

Citizens Medical Center Run Against Cancer is focused on following the best practices that fit the situation adhering to City, State, and Federal COVID-19 guidelines. Personal responsibilities will be communicated to participants, staff, volunteers, vendors, and sponsors prior to the event.

Athletes will receive several emails before event on the COVID-19 protocols. These protocols will be published on event pages and social media. Staff and vendors will all be trained and provided documentation on these protocols.

- Pre-Event screening of all staff, vendors, participants, and volunteers.
- Reduced touchpoints to minimize physical interactions.
- Hand sanitizer will be available throughout the event including packet pickup, higher traffic areas, and in and around portable toilets.
- Increased safety and hygiene practices for staff and volunteers including the use of masks, gloves, and regular hand sanitization.
- Event signage will promote safe social distancing practices including maintaining 6 feet of distance between others.
- Athletes will be required to wear a face-covering in designated mask zones at the event.
- Dedicated lanes and waiting spots will be provided to aid in physical distancing in areas where athletes congregate such as packet pickup, start line, and restrooms.
- Signage will be in place at events to reinforce our COVID-19 protocols.
- Participants will be encouraged via pre-race communication to ask questions prior to event day in order to decrease staff and volunteer interactions at the event.
- Participants will be encouraged to follow physical distancing throughout the race, especially when passing others, including the public.

## **TRANSFER & DEFERRAL POLICY**

While we cannot offer refunds in the case that the event is canceled, we hope that the options below will help you keep the Citizens Medical Center Run Against Cancer as part of your 2021 goals. The Citizens Medical Center Run Against Cancer is a yearly fundraiser and commit financially to all the expenses related to a race well in advance of the actual race date. Thank you for understanding and supporting our yearly fundraising event.

- **Event Cancellation due to COVID-19**
  - We are offering free deferral to participants if the event is canceled as a result of COVID-19. Entry fee can be deferred to 2022.

## **NEW VIRTUAL EVENT**

We have introduced virtual events for all distances in 2021. Participants can choose to change their registration to virtual at any time with no additional fees.

The price difference in registration will not be refunded once you switch to virtual.

All virtual registrations made before February 10<sup>th</sup> will receive their packets before race day.

Packets for virtual that register/transfer after February 10<sup>th</sup> will be mailed 15 days following the event.